

Daily Massage Routine

Ask permission and start with Still Touch



1 eye glasses 	2 cat grip 	3 baker 
4 scooping 	5 forehead stroke 	6 hairdresser 
7 slide 	8 climbing down a rope 	9 bunny hops 
10 hearts 	11 butterfly 	12 bear walk 
13 ice skating 	14 brushing the horse 	15 brushing off the snow 

Say thank you

