

2nd July 2018 What's going on this week?



New proposals to try to increase healthy eating for children and to halve childhood obesity, recently announced today by Health and Social Care Secretary Jeremy Hunt, build on the existing work to try to help families make healthier food choices.

Things to talk about at home ...

- Do you think you should be allowed to eat whatever you like? What age do you think children should get to choose their own food?
- Do you think that until you are able to make your own choices about what you eat, your parents should be in charge, or do you think it's fair for the government to ban certain food if they are very unhealthy?
- Celebrity chef, Jamie Oliver, has said he'd like the government to ban children's characters on cereals that are high in sugar, do you think this is a good idea?