

Example of our light tea menu (these are a small portion snack - not a meal replacement)

This menu is subject to change, dependent on food deliveries and themes within the club. We are able to cater for all dietary requirements.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week A	Beans on toast	Sandwiches with a choice of fillings	Dips with bread	Wraps with choice of fillings	Pasta with choice of fillings
Week B	Make your own pizza	Soup/ roll	Sandwiches with choice of filling	Spaghetti with sliced French stick	Wraps with choice of fillings
Week C	Wraps with choice of fillings	Beans on toast	Pasta with tuna/ham	Sandwiches with a choice of fillings	Soup with sliced French stick
Week D	Spaghetti on toast	Wraps with choice of fillings	Soup and roll	Make your own pizza	Sandwiches with choice of fillings

All light snacks are served between 3.30pm until 4.15pm.